How to Determine Your Ring Size?

Method Using a Ring You Already Own and Our Printable Guide

- 1. Print this guide with page scaling set to 100%.
- 2. Place a ring that you already own (or have borrowed, if this is a surprise engagement or a gift) over the circles to the right.
- 3. Match the inside of the ring to the circle nearest in size. The measurements shown refer to the inside diameter of the ring.
- 4. If the ring falls between two sizes, order the larger size.

Please Note:

• Consider width. The wider the band, the tighter it may feel. You may need to go up by a half size.



Method Using a Paper Ring Sizer



- Cut out the ring sizer and cut a slit on the vertical pink line. Wrap the ruler around the base of the intended finger. Pull the angled end through the slit until the paper fits comfortably around your finger.
- We cannot guarantee that ring sizing via paper will be accurate.
 We highly recommend getting sized by a local jeweler.



International Ring Sizing Chart

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Diameter (mm)	United States	Europe	UK
14.1	3	44	F 1/2
14.3		45	G
14.5	3.5		G 1/2
14.7		46	Н
14.9	4	47	H 1/2
15.1			1
15.3	4.5	48	I 1/2
15.5			J
15.7	5	49	J 1/2
15.9		50	K
16.1	5.5		K 1/2
16.3		51	L
16.5	6	52	L 1/2
16.7			М
16.9	6.5	53	M 1/2
17.1		N	
17.3	7	54	N 1/2
17.5		55	0
17.7	7.5		0 1/2
17.9		56	Р
18.1	8	57	P 1/2
18.2		18	
18.3		Q	
18.5	8.5	58	Q 1/2
18.8		59	R
19	9		R 1/2
19.2		60	S
19.4	9.5	61	S 1/2
19.6			T
19.8	10	62	T 1/2
20			U
20.2	10.5	63	U 1/2
20.4		64	V
20.6	11		V 1/2
20.8		65	W
21	11.5	66	W 1/2
21.2			X
21.4	12	67	X 1/2
21.6		Υ	
21.8	12.5	68	Z
22		69	Z 1/2
22.2	13	70	
22.4		Z+1	
22.6	13.5	Z+2	







